

AGEiNG and RESiLiENCE

25th Anniversary of the May Wong Social Centre



1.30 pm : Registration

Chairperson: Mrs HELEN TAN, *Co-Vice Chairman, Henderson S C Home*

2.00 pm : **Welcome Address**

Mrs BETTY CHEN, *President, Chinese Women's Association*

Address by: Mr LIM BOON HENG, *Minister, Prime Minister's Office*

2.45 pm : **RESiLiENT ELDERLY**

Professor KUA EE HEOK, *President, Gerontological Society
Senior Consultant Psychiatrist, National University Health System*

3.10 pm : **COPING with WORK and FAMILY** - Tips from a Working Mother

Professor TAN CHAY HOON
Consultant Psychiatrist / Pharmacologist, National University Health System

3.30 pm : Tea Break

4.00 pm : **The LIVING ROOM - Our Roles in the Family & Community**

Dr MAURINE TSAKOK
Dr S VASOO
Mrs BETTY CHEN

5.00 pm : End

Venue : Sheraton Towers Hotel

Date : Saturday, 28 November 2009

Registration fee: \$10.00 per person.

For registration, please call Ms Julia at Tel: 6 276 9746

Organised by
Chinese Women's Association

